



What you gain from being a Heritage Buddy

- Share your passion and interest in heritage and the historic environment with others.
- Share your experiences of volunteering with a heritage organisation.
- Feel part of making a meaningful difference to someone who needs your support.
- Develop new friendships and interpersonal skills.
- Gain experience in the social care sector and /or heritage sector.
- Develop your understanding of and increase your connection to local heritage and historic environments.
- Get training and networking opportunities in health and heritage.



The Role: Heritage Buddy at Newstead Abbey / Nottingham Castle

Purpose of the role:

To support people to enjoy the benefits to health and wellbeing from engaging with heritage and historic environments in the local community.

What will you be doing:

- Help and encourage the person / people you are supporting to be more confident in getting the most from the heritage site, project or activity that they want to experience.
- Help the person / people to increase confidence and enjoy engaging with their local heritage and history, through supported site visits and / or organised site activities.
- Offering a clear welcome meeting on site.
- Help orientate people to the site and activities.
- Offering supportive and friendly guidance tailored to interests.
- Sharing your enthusiasm for heritage and the historic environment through your own experience of volunteering.

Skills, experience and qualities needed:

You don't need any special qualifications or experience to be a Heritage Buddy.

You will:

- Be friendly, approachable, and interested to support others.
- Have an understanding personality, be good at listening, non-judgemental, able to show empathy and patience.
- Be enthusiastic about local heritage and history, although you don't have to be an expert.